

Good Urodynamic Practice - an ICS-certified course in urodynamic evaluation of female patients

Copenhagen, 6-7 November 2008

Since 2002 our department of obstetrics and gynecology, at Glostrup Hospital, University of Copenhagen, has conducted popular courses in urodynamics 1-2 times per year. We are the only centre in Scandinavia to be certified by the International Continence Society (ICS) to hold such courses. This course will be held in English. This course is targeted at urologists, gynecologists, nurses, continence therapists and other professionals who use urodynamic evaluations in their daily practice, and multi-professional interaction is encouraged.

The program is consistent with the ICS recommended curriculum. Certificates will be issued to participants. Hands-on training in our urodynamic lab is available on request. Prominent international speakers have been invited. The course will be interactive, with workshops and case demonstrations, including discussions of participants' own cases.

Organizing committee:

Prof. Gunnar Lose, DMSc
Dr. Lone Mouritsen, PhD
Dr. Søren Brostrøm, PhD
Dr. Niels Klarskov
Ms. Berit Larsen, RN

Faculty:

Prof. Jean-Jacques Wyndaele, Antwerpen
Prof. Magnus Fall, Göteborg
+ the organizing committee

Registration:

Register by e-mail to soren@brostrom.dk. Deadline is 1 October, after this participants will receive final programme and course materials. Registration fee is DKK 2000 or EUR 270 EUR, payable upon registration. Registration fee incl. lunches and breaks. If there is interest, we will organize an optional dinner on Thursday evening.

Please pay registration fee by bank transfer to:

Bank: Danske Bank
Reg.nr. 3100, kontonr. 3100130815
IBAN: DK2930003100130815
SWIFT: DABADKKK
Recipient: Glostrup Hospital

IMPORTANT: Mark transfer with 'fondskonto 54615' + your name(s)

Accommodation:

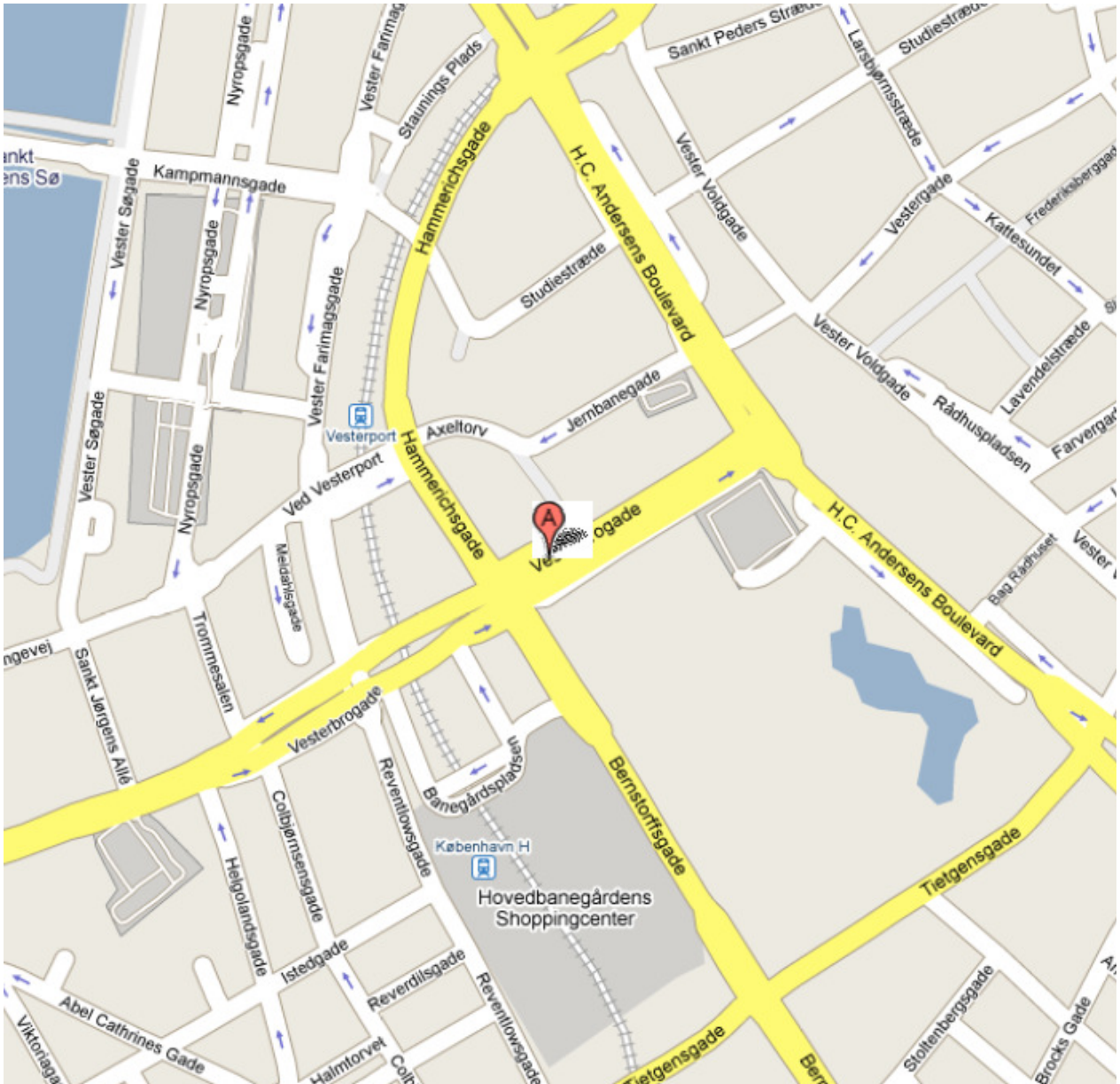
The course venue is very centrally located, with accommodation in all price categories within walking distance. You can book on-line at www.visitcopenhagen.dk or other sites.

Recommended hotels within 2-5 minutes walking distance are:

- 'CabInn City', budget category but very nice, DKK 545 or EUR 74, see: www.cabinn.com/kbh/city/city.html
- The three Guldsmeden-hotels 'Axel', 'Bertrams' and 'Carlton', boutique-style 3- or 4-star with delicious organic breakfasts, 1050-1210 DKK or EUR 140-160, see: www.hotelguldsmeden.dk
- 'The Square', DKK 1240 or EUR, fancy modern architecture, see: www.thesquare.dk
- 'Imperial', classic large 4-star city hotel, DKK 995 or EUR 130, see: www.imperialhotel.dk

Venue:

Bojesen på Axelborg,
Vesterbrogade 4A,
DK-1620 København V,
+45-33914600,
www.bojesen.dk



Located just across from the Central Railway Station and 'Tivoli'. From the airport take any train in direction Copenhagen, get off at the Central Railway Station ('Københavns Hovedbanegård' or 'København H').

TENTATIVE PROGRAMME

Thursday 6 November 2008 (9h30 – 17h30)

Anatomy, normal micturition physiology

CNS control of the lower urinary tract

ICS-terminology

ICI-classification of urodynamic evaluation: non-invasive vs. invasive

Non-invasive urodynamic evaluation:

- Voiding diary
- Uroflowmetry
- Residual urine

Introduction to invasive urodynamic evaluation

- Cystometry and pressure/flow voiding study
- Normal values

Standard cases:

- Normal urodynamic examination
- Stress urinary incontinence
- Urge urinary incontinence
- Mixed urinary incontinence

Pressure/flow studies

- How to distinguish obstruction and hypoactive detrusor

Standard cases:

- Infravesical obstruction
- Hypoactive detrusor

Urodynamic nursing:

- Practical set-up of the urodynamic lab
- Slide-show: urodynamics step-by-step
- Protecting patient integrity

Workshop:

- Equipment demonstration
- Catheters & transducers
- Balancing & calibration
- Safety

Workshop:

- Errors & artefacts

Plenary discussion: Participant's cases

Friday 7 November 2008 (8h30 – 14h00)

Evaluating urethral function

- Definitions
- Methods
- 'Low pressure urethra' discussed
- Novel techniques

Imaging the lower urinary tract

Neurogenic lower urinary tract dysfunction

- Symptoms & findings
- EMG, ice-water test, carbachol test

Ambulatory urodynamics

Cases:

- Neurogenic bladder
- Detrusor-sphincter dyssynergy
- ISD
- Low compliance

“Pro et contra” - The clinical applicability of urodynamic tests